

CURRICULUM VITAE-SPORTIVE

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MOUNTAINEERING ACHIEVEMENTS

Colorado Fourteeners:

Long's Peak Several ascents in all seasons, through different routes, including Pervertical Sanctuary (5.10+/5.11-) on "The Diamond", as well as three personal speed ascent records: 2:09' in 2005, 2:03' in 2006, and 2:17' under adverse conditions via the North Face in 2008
Mt. Elbert, Mt. Evans; Mt. Bierstadt; Mt. Sneffels; Mt. Shavano; Mt. Tabeguache; Mt. Pikes Peak (during the Pikes Peak Marathon 50th Anniversary: placed 4th of my category)

Colorado Thirteeners:

2002-2009- Innumerable ascents to different peaks of the Rocky Mountains of Colorado: Indian Peaks: Arapahoe, Navajo, Toll, Saw Tooth, and others.

Internationally:

2002- Lobuche East, Nepal, Solo

2002- Mauna Kea, Hawaii, Fastest speed ascent recorded (up to that date)

2001- Mauna Kea, Hawaii

2000-2001- Mountain guide for *Adventure Expediciones*, and for *Rio y Montaña* (Mexico)

2000- Island Peak, Nepal

2000- Mera Peak, Nepal

2000- Failed attempt to climb Katung Kang, in the Annapurnas area

1999- Island Peak, Nepal-First solo winter ascent of the south-southwest face

1999- Solo attempt to Damphus Peak, Nepal, as well as an attempt to climb Mt. Hiunchuli, in the Annapurnas area with a Spanish team

1998- Matterhorn, Switzerland (Hornli Route)

1998- Aguille du Moine, France

1998- Dent du Requin, France

1996- Huascarán, Peru. (As part of the first Mexican Expedition to Mt. Everest; a team of the school of mountaineering from the National University [UNAM]).

1996- Pisco, Peru. (As part of the first Mexican Expedition to Mt. Everest; a team of the school of mountaineering from the National University [UNAM]).

1990-2008- Over 100 ascents to Pico de Orizaba, Popocatepetl, and Iztaccihuatl, Mexico

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RUNNING ACHIEVEMENTS

2005-2009- Product Tester for NIKE trail running shoes

2006- "24hrs of Boulder" - Completed 100 miles in 23:20' (placed 3rd overall)

2005- "Pikes Peak Marathon" (finished 22nd overall, 4th of my category)

2005-"Boulder Backroads Marathon" (finished 12th overall, 4th of my category)

2004- "Breckenridge Marathon" (finished 4th overall)

2004-"Boulder Backroads Marathon" (finished 6th overall, 3rd of my category)

2004-"BB10K" (finished 4th of my category)

2003-"Boulder Backroads Marathon" (finished 6th overall, 2nd of my category)

2002- "Fort Collins Marathon" (Ran unregistered and finished unofficially 15th overall)

1995-1997- Ran at least 4 marathons in Mexico City, 2 trail running marathons, 1 mountain double-marathon, 2 Skyrunning marathons on Mount Iztaccihuatl, and the Tenneco Marathon in Houston. All these races between 1995-1994 were as part of the first Mexican Expedition to Mt. Everest; a team of the school of mountaineering from the National University (UNAM).